

Established November 1991

September 2023

Circulation 2,050

Fitness on your Doorstep!

The Gamlingay Gym celebrated its first birthday in June under the new management set up in 2021 by a group of local residents, writes Sarah Groom.

When we took this on, back in 2021, we honestly didn't know if it was possible to reopen this much-loved gym which had been run previously under a Dual Use Agreement between Cam Academy Trust and South Cambridgeshire District Council. It closed in 2020 due to the Covid Pandemic.

Feeling very daunted, our group of five residents started a not-for-profit charity to resurrect this amazing facility for the people of Gamlingay and the surrounding areas, on the same site. If you don't know already, it is to the side of Gamlingay Village Primary on Station Road.

South Cambs District Council were with us every step of the way...

The new business model meant renting the gym space from Cam Academy Trust, buying the existing equipment, and relying on membership fees for income. South Cambs District Council were with us every step of the way, supporting us with time, expertise and a grant for Post-Covid Recovery activities.

After a year of hard work we opened the doors again on 27th June 2022 with fingers crossed that our community would support us, and we were bowled over by the influx of previous and new members which, over the next few months, surpassed our expectations and hopes and gave us a very healthy membership base.

Now, one year on, we have around 135 members, looked after by an



The first birthday of our local gym



energetic and enthusiastic Gym Instructor, Jo, who does inductions, gym challenges, a great boot camp on Friday night, and is often around to help and instruct members using the gym. We are blessed with a lovely team of member volunteers who cover the shifts that Jo cannot, and have provided us with people and materials to refresh the reception area.

We have a healthy business plan that has allowed us to replace some of the oldest equipment and we have an ongoing programme of replacing more as and when needed.

We are also proud that we were able to resurrect the GP Referral Scheme, which has helped improve the physical and mental wellbeing of some of the most vulnerable members of our community.

> ...the MUGA (Multi-Use Games Area) is ours to rent...

In addition, the MUGA (Multi-Use Games Area) is ours to rent during the evenings and school holidays and we have been busy with football bookings throughout last winter and during the recent summer holidays. Please let us know if you are interested in booking this great space over the coming months.

We are friendly, we are local (walk and cycle to us) and we represent great value, with a membership fee of £35/month for unlimited use and £30/month for concessions.

To join, pop in when we are open (Monday to Friday mornings and evenings, and Saturday and Sunday mornings) or sign up online: https://gamlingayleisure.clubright.co.uk/home.

We will also be at the Village Show on 16th September, so come along and have a chat.

You can contact us on Facebook (Gamlingay Leisure), email us on info@gamlingayleisure.co.uk or telephone 01767 651 785.

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Submission of articles and images

The Gamlingay Gazette is an independent publication that aims to inform people living in and around Gamlingay of events of interest and is funded solely by advertising.

We welcome contributions from people, both articles and pictures.

Please note that the editor reserves the right to edit any article submitted for publication for style, length and accuracy purposes.

For photographs, when submitting an image, please state who took or owns it so that we can credit their copyright.

Every care is taken to ensure accuracy of items.

Views expressed do not necessarily represent the views of *The Gazette* Committee.

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Next edition deadlines:

October Issue: Friday, 25th August **November Issue:** Friday, 29th September

Your Gazette in colour, every month!

The Gazette team would love to be able to bring you a printed colour issue every month, especially when we have lots of colour images to share. Unfortunately, we can't afford to do that.

But a colour version of the Gazette is available for you to download from www.gamlingaygazette.uk

Above and beyond the call of duty

The Gamlingay car scheme covers the local area. Its volunteers drive fellow villagers, who lack personal transport or may be disabled or elderly, to keep mostly medical appointments. But sometimes the drivers go "above and beyond" the call of duty. It has happened to me several times and it happened recently to Norma Hood.

Norma's appointment at Addenbrooke's Hospital was at 2.00pm. At 1.00pm volunteer driver, Dawn Martin arrived and drove Norma to Cambridge and up to the entrance of the appropriate clinic, thus saving a very long walk from the main

Norma's tests and treatment lasted far longer than expected and involved long periods of waiting. She was not free to leave the hospital until 6.30pm when she called Dawn on her mobile phone. Dawn arrived within a few minutes and drove Norma safely home ... and all this for a nominal charge.

Happily such a long period of

waiting is unusual for the driver.

This service receives financial support from the county council and its volunteer drivers' costs are subsidised. It has helped many Gamlingay people since it was introduced around 25 years ago and is greatly appreciated.

More drivers are required. If you have a few hours to spare in your week and would like to participate in this service by being on call, please do not hesitate to get in touch by telephoning 07519 493 701.

You will get to meet interesting people and could learn much about other ways of life. More importantly, you will be helping someone in need.

Ivan William Ivan, many thanks for this. We know all our service users are very appreciative. Happily, having such a long wait as Dawn experienced is unusual. If a long wait is known in advance then two trips will be booked, allowing the driver to get on with their day. But anyway our drivers know to bring a book and a drink with them.

Please, dear reader, we really are

desperate for more drivers. If you might be able to find an hour or three in a week but no committments — then please let us know and we'll tell you how the scheme works. Call 07519 493 701. Thank you.

Community Car Schemes provide a highly valued service to those who would otherwise be unable to get to medical appointments, to the shops (or other services), or keep in touch with relatives and friends. Journeys are provided by voluntary drivers and are booked through a coordinator. Most community car schemes use drivers based in your village to whom you pay a per-mile rate. This keeps the cost down.

Gamlingay & Hatleys Car Scheme Telephone: 07519 493 701 Email: skin.a128812@gmail.com

Villages covered:

Gamlingay, Croydon, East Hatley, Hatley St George, Little and Great Gransden, Longstowe, Tadlow

Types of journey:

Medical and essential social journeys







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The wonder of nature and yoga

Since moving to this bucolic little corner of Cambridgeshire I have lived in awe and wonder at its beauty. I used to walk for the sole purpose of getting my heart rate up ... but I missed so much.

After becoming a yoga teacher I have learned to slow down and appreciate every sound, smell and sight with every mindful step. By learning to be more present I have witnessed the first bluebell bloom (I'm sure it was the first!) and walked amidst forests of so many orchids that I lost count.

I have heard owls, cuckoos, chiffchaffs and skylarks. In the hedgerows I have smelt meadowsweet and lady's bedstraw growing amongst poppies and oxeye daisies and tasted wild cherries and honeysuckle. It is such a privilege to live here and have my senses so actively sharpened.

Yoga teaches us to inhabit every moment, whether that is on the mat or talking to our friends or walking in nature. On the mat, mindful yoga teaches us to inhabit our body and notice how it responds to different movements and poses. It helps us to

notice the state of our body; where there is tightness, emotion or discomfort and where there is ease. It encourages us to be curious and observant about the breath as a clear indicator of how we are feeling.

This interoception (our lesserknown sense of listening 'inwards' to the signals sent from the body to the brain) is vital to our mind-body connection, which is at the heart of yoga. By listening to our body we can take better care of the mind.

...places more importance on the wisdom of our body and our heart

Nowadays we live in a world that values speed over steadiness, 'doing' rather than 'being' and certainly the mind is held in higher esteem than the body. Yoga turns this upside down (sometimes literally but not generally in my classes!) and places more importance on the wisdom of our body and our heart, the core of our humanity. Together our humanity and yoga

builds relationships and unity and restores our ancient connection to the earth and nature.

Perhaps yoga is better known for developing our proprioception, which is our sense of how our body moves outwards through the space around us. Learning more about our physicality promotes more careful movement, better balance and lessens the chances of falling and injury. Yoga teaches us to connect with and appreciate every part of the body, from the vital smaller muscles and joints in the hands and feet to the complex structures of the spine, shoulder girdle and pelvis.

The ancient philosophy of yoga is centred around appreciating every moment because of the universal law of impermanence. Yoga teaches us, through the breath, to live mindfully because you cannot breathe in the past and you cannot breathe in the future, you can only ever breathe in this one precious moment, whether you are practising yoga or walking in the woods in this small, beautiful corner of the big, wide world.

Jos Smith





Potton View Care Home

Potton View is a lovely care home on Potton Road in Gamlingay.

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ADULT CLASSES Section 5 - Homemade produce Section1 - Vegetables 5A A jar of jam 6 Runner beans 1A A jar of marmalade 5B 5 Tomatoes 18 A jar of chutney SC Collection of 3 different vegetables

A 'vegetable' cake 5D 1D Heaviest marrow A Victoria Sandwich 5E 1E Heaviest pumpkin A Chocolate cake 5F Longest runner bean 6 Scones 5G 1G Bunch of 3 different culinary herbs Home-made beer Section 2 - Flowers & Pot Plants Home-made Cider 51 2A Any 5 garden blooms Home-made liqueur 51 A flower or spray on a single stem Section 6 - Photography A pot plant Holidays 6A 2D A flower arrangement 6B Nature Section 3 - Art 6C Architecture 3A A painting in any medium 6D **Portraits** A painting in watercolour A black & white photo 6E

Section 4 - Crafts Memories of Queen Elizabeth II 6F 4A A piece of cross-stitch Animals A piece of lace Views of Gamlingay 6H A piece of crochet A piece of any other craft

Village Competition

IT'S TIME TO GET PLANNING WHAT YOU CAN GROW, CREATE & MAKE FOR THIS YEAR'S SHOW.

THERE'S A CATEGORY FOR EVERYONE!

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CHILDREN'S CLASSES

MORE DETAILS ON OUR FACEBOOK PAGE.

ALL COMPETITION ENTRIES NEED TO BE DROPPED OFF AT THE SCHOOL BETWEEN 9-10.30AM ON 16[™] SEPTEMBER

Section 11: Secondary School Years 7 - 11 A junk model creature A nature collage A drawing or painting 11B A construction kit model Section 10: Primary School Years 1 - 6 11C A drawing or painting 10A A nature collage A piece of craftwork 10B A drawing or painting A piece of writing (poetry or Limerick) A construction kit model Children's Classes - Open to all ages Section 12: Children's Cookery 12A 1 Victoria sandwich 13A Nature 12B

Section 13 - Children's Photography 6 Decorated cupcakes 13B Holidays 12C 6 Biscuits of your choice My Favourite Place Section 14 - Children's Growing 14A Largest Sunflower

IT IS WITH GREAT THANKS TO OUR FABULOUS SPONSORS

AND THE GENEROSITY AND SUPPORT OF OUR COMMUNITY, WITHOUT WHOM, THE SHOW WOULD NOT BE POSSIBLE.





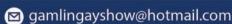




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News from the Churches

Gamlingay Baptist Church

Stocks Lane, Gamlingay, Sandy SG19 3JR

Lead Pastor: Reverend Adrian Semerene adrian@gbchurch.org.uk 07472 350 860

Church Secretary: Mike Roberts on 651 179 Church Office: 651 519

Message for September

"Most people yearn for one thing more than anything else: inner peace. Without it they have no lasting happiness or security."

Billy Graham

Well, just like that, the summer season is over. What was summer like for you? Was it a time of holiday trips or full-on work? Was it white beaches and blue water or camping in a field, or a continual view of the office desk? Did you get some rest, or has it been a non-stop season for you?

For me, it was really a combination of the two. I was blessed to be able to go on a church camping trip to a festival called New Wine, as well as serve at a youth festival called Satellites. While these were done with my family and fun and rest were had, they were also full on and work in some ways... When I got back from the camping trips it almost felt as though I needed a rest from the 'breaks.' Do you ever feel like that? Like you need a break from your breaks?

Sometimes, life is so busy that that we try and cram everything into our breaks, that our breaks are no longer restful, rather just as exhausting. Additionally, sometimes the break we need is one to seek simplicity, peace, calm, perhaps some solitude.

However, our holidays are usually the opposite, they are high energy, often come with complications and involve family and friends.

You know, the bible has a lot to say about rest. One of the things I have found a huge challenge as well as incredibly fascinating is that we see a model of resting so as to be able to work, as opposed to resting from work. Does that make sense?

The day of Sabbath was one of intense rest, of not really doing anything, while also spending time in deep reflection and worship (it's a pretty intense juxtaposition in some ways). This was also physical, emotional, and spiritual rest in preparation of the week to come. What would our rest look like, if it was preparatory rest, as opposed to responsive rest from tiredness and work?

We read in the bible:

He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake.

Psalm 23:2-3

That's pretty amazing kind of rest: quiet, still, refreshing. It's rest that also relies on God to replenish us and guide us. It's rest that brings peace, and calm, and a real sense of purpose and lasting joy and peace. Have you experienced that kind of rest? Do you want to? I know I want to and need to if I want to get the most out of my breaks, my rest, and my day-to-day,

You might be sitting there thinking, I want that kind of rest, but I don't do the whole Jesus thing... Faith isn't for me... I get that, I once thought like that too.

But I'd love to encourage you to think about it, as the truth is that depth of rest, that inner peace that can lead to lasting happiness and security as Billy Graham puts it, is so worth it and can only really come from that deep relationship.

It's hard to explain it on paper. Maybe we can chat about? Maybe you disagree? Either way, I'd love to hear from you, and maybe grab a coffee and chat? It can even be at the Backroom Café, if you don't fancy going too far.

As always, I genuinely, would love to see you and chat some time, be it at the Backroom Cafe, at church services, or randomly on the street. Do get in touch!

Many blessings,

Rev Adrian Semerene

Lead Pastor

Gamlingay Baptist Church adrian@gbchurch.org.uk

Tel: 07472 350 860

Twitter: (a) asemerene Instagram: (a) asemerene



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GBC Diary September

Sunday Services

Hymnal Praise at 9.30am Worship Service at 10.45am Communion is held on the first Sunday of the month. Services live-streamed on www.gbchurch.org.uk/latest-talks

GBC kids and youth groups

Meet every Sunday (except for the third Sunday) at 10.45am for ageappropriate activities.

Third Sundays 17th September

Backroom Café will open between 10.00am to 4.00pm. Check weekly news, website or contact office for timings and details.

Small groups

Meet every week in person and online.

For more details get in touch at office@gbchurch.org.uk

The Backroom Café

Opens every Monday from 9.30am to 3.00pm. Meet friends, have a chat and enjoy good coffee and cake.

Ladies' prayer and study

Second and fourth Saturday of the month, 10.00am and 12.00noon. A time for conversation, study and prayer.

Men's breakfast

Contact mens@gbchurch.org.uk for details.

Please consider following us on social media to keep updated with all our events:

Facebook.com/ **GamlingayBaptistChurch** Instagram: @gb_church Twitter: @gb_church



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There is a vacancy at the Gamlingay Almshouses.

Applicants should apply to the Trustees of Sir John Jacob's Almshouses, in writing.

Please note that the deed of settlement states that applicants are to be 'poor widows of good character resident in Gamlingay', however, the Charity Commission have given the Trustees discretion to widen these terms.

For further details, please approach one of the Trustees listed below:

J. McCall, 5 School Close S. A. Kindersley, The Barn, East Hatley L. Edwards Major, 4 Coach House Court J. Hough, 29 School Close

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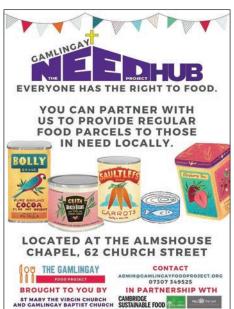
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News from the Churches

Parish Church of St. Mary the Virgin

Rector: Hilary Young Churchwarden: Nick Ingles

Reader/Churchwarden: Chris Miller

Parish Administrator:

Rectory, 3a Stocks Lane 650 587

9 Yew Tree Close, Potton 07828 934 003

650 779 11 Bunyan Close

gamlingaychurch@outlook.com

St. Mary's Letter for September

Dear Friends,

The end of July is a challenging time to think about events of September into October, but see below for what's known at time of writing. A big 'thank you' to the whole Gazette team for their hard work editing and collating information, laying it out, seeing to printing, and delivering. For those new to the village, the publication started from St Mary's Church and has expanded into a community effort to which both churches input but do not control in any way.

There will be items that come up after the copy deadline — in particular we are working on new service patterns to start in the late Autumn runup to Christmas. A questionnaire, long in the planning, may accompany this or the next Gazette to see if the organised churches in Gamlingay can be of more service in enabling worship in the communities we serve – obviously no need to take part if this is 'not your

As we are hearing more about climate change at every turn, and our parish council has declared a climate emergency, I am proud to write about our churches taking seriously the

management of churchyards to reduce carbon emissions and preserve and enhance wildlife habitat. 'Caring for God's creation' hasn't always been taken seriously by Christians, but then that applies to almost any aspect of what it means to be a Christian. Fortunately God is at work both within and without the Church, indeed the divine creative power we call God has been at work from the beginning of time, i.e. very, very much longer than the earth, let alone humanity, let alone the Church, has been in existence. Current church may be late to the party, but at least we are joining it. We may not always get it right, but at least we are trying.

Progress is rarely without challenge, and it could have been disappointing to find the negativity from some about the 'uncared-for' appearance of the churchyards in both Everton and Gamlingay – except that:

- a) this was to be expected, culture change is never quick, and perceptions of what looks cared-for
- b) this is still 'work in progress' and the plan will take time to shape

More volunteers are needed to get the work done in a timely fashion, if you can help, do get in touch with Hilary or (in Gamlingay) Alec Hissett and Peter Condon, (in Hatley) Nicola Jenkins, (in Everton) Jane Butcher.

Here are two misconceptions, with answers that may not satisfy everyone, but which are true:

There are plenty of places for wild flowers and other wildlife to flourish, churchyards, especially in the countryside, are not appropriate places for conservation practices.

No, there are not plenty of places like churchyards, especially those in the countryside. They are places where many wildflowers survive which are lost elsewhere. This is because the widespread use of fertilisers and pesticides necessary for modern intensive agriculture are not usually in use. The special habitats of nutrient-poor grassland are now rare; churchyards can be such, because the ground is not disturbed by ploughing nor the grass enhanced by fertilising. If mown in the right way, and/or grazed by animals the right conditions can be preserved – the key is to cut and remove the cuttings, whenever the cutting takes place.

Calling a place a 'wild area' is just laziness and an excuse for saving money. All that happens is that weeds grow and make it look a mess.

No, not laziness, it can take as much work to manage for wildlife as to keep tidy. This can cost unless volunteers are found to look after a wild area properly. What we call weeds are plants that grow freely where we do not want them. They often feed creatures we like to see and need – like the bees we depend on far more than we might imagine, and butterflies we enjoy, which in turn feed the birds. One person's mess is another's rich habitat,



Along with other food banks we have seen a decline in donations, both in food items and monetary and we are now at a stage where we are in desperate need of your donations of long life groceries such as tinned veggies, pasta, rice, biscuits, tea, coffee in fact anything at all. We also need household items and toiletries.

We are also running low of carrier bags, so if you have any spare please drop them into The Food Hub. The Hub is located in the Almshouses Chapel, on the corner of Stocks Lane and Church Street and is open weekday mornings 10.00am to 12.00noon.

We have seen an increase in the number of families we assist – they are very grateful for the support provided.

Many thanks and we look forward to your continued generous help

we need to know what's really going on before shouting (or muttering) if we are to truly thrive in the world in which we live.

The July weather has been very disappointing this year, but the scything course I organised in early July with Peter Condon from the Climate Action Group was still possible, and has resulted, at time of writing, in some mowing in Gamlingay and St Denis churchyards, plus two scythes and several keen novices available to do an environmentally friendly cutting of grass managed for meadow flowers in the local communities.

The course was fascinating in providing some clear methodology and reasoning behind mowing timing, as well as both enabling some of us to use a scythe and convincing us of the practicality on many levels of using this traditional tool. Not only does a scythe not need to burn petrol and doesn't make a noise to disturb the neighbours, it is also much safer (contrary to popular belief) than a strimmer, both for the user and for those around (provided they say out of swing distance – which is a shorter distance than the strimmer). I find the biggest challenge is getting the scythe set up correctly, and keeping it sharp. If that's done and it's used rightly it doesn't take that much energy, though it does provide a good workout.

So – I hope we have started a trend in this community, using people-power and hand tools rather than machines where possible. This doesn't mean there is no place for petrol and electric mowers and other power tools. Like many things, a mixed economy makes most sense. But if we can effectively do something manually, we should. If it saves money, so much the better, but value can, and should be measured in many more ways than the purely financial.

Thank God for Jesus, who teaches us an obvious truth when we look, that 'life is more than clothes and food' of course we need these, but they are not what make us human. Real love – the ultimate good of the beloved, is a sign and a gift of God, shown to us in the person of Jesus. May we help one another in finding and living out that

Heads up for October

Harvest Festivals in the Anglican churches will be the first weekend in October so expect harvest suppers around then. The Sunday is on the 1st October. We will also be supporting the green weekend later in the month.

Churches will be collecting gifts of preserved food (well in date we hope!) as well as fresh produce to decorate the buildings in thanksgiving for all we are blessed with. Gifts will be distributed afterwards through our connected charities – fresh produce may be available to buy.

Hilary will be offering a 'Harvest of

Talents' again this year. Borrow from her (or use your own money) to do something that will increase the value of the input, then return the result to Hilary or church treasurers (listed in the Benefice Newsletter). We will collect up and publish the resulting total at the end of October. This money will be used for the running costs of whichever church the donor chooses. Where not specified this will be Gamlingay where the need is greatest.

Many blessings all. Love from Hilary

St. Mary's Flower Festival

The St. Mary's Flower Festival included displays from Gamlingay Gardeners, celebrating their 40th anniversary, and the WI, representing Mr McGregor's garden.



Services and Church Events for September

Apology – for misleading service information last time – there was only one baptism at Everton in July, not the four that got put in by accidental duplication!

Sunday Services in September

At this time it is not possible to say what services will take place in Hatley, but it is hoped at least one during September.

Sunday 3rd September

9.30am Parish Eucharist at St. Mary's, Gamlingay 11.15am Parish Eucharist at St. Mary's, Everton

Sunday 10th September

9.30am Parish Eucharist at St. Mary's, Gamlingay 11.15am Parish Eucharist at St. Mary's, Everton

Sunday 17th September

9.30am Parish Eucharist at St. Mary's, Gamlingay. Afternoon cream teas

4.00pm Evensong at St. Mary's, Everton

Sunday 24th September

9.30am Parish Eucharist at St. Mary's, Gamlingay

11.15am Parish Eucharist and Baptism at St. Mary's, Everton

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located behind Church Cottage The Emplins, Gamlingay



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Hello from us all at the **Gamlingay Eco Hub**

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Our Facebook page, Twitter feed and website have all the latest on What's On. Email is the best way to get hold of us or you can leave a message on our ansaphone. Our general manager is Kate Laugharne, supported by Tony Hurst and John Berry.

Gamlingay Comedy Club



We are very excited to say that Big Deal Comedy is returning to the Gamlingay Eco Hub for a night of live stand up comedy, showcasing some of the best comedians on the circuit right

The night will consist of an MC, followed by three incredible comedy

Saturday, 16th September at 7.00pm. Tickets can be bought from: www.bigdealcomedy.co.uk

Connect Café



The Connect café will be holding a MacMillan coffee morning on Friday, 22nd September.

Last year £340 was raised for this amazing cause, and this year we hope to do even better.

So come along and enjoy a social friendly coffee morning and enjoy delicious cake whilst helping support people with cancer.

Local artist on display at the Eco Hub

Currently on display in the Kingspan hall at the Eco Hub are a set of four stunning artworks and smaller accompanying picture on loan from the owner of the Shortmead Estate in Biggleswade.

The abstract pictures are large scale reproductions of works by important artist, John Samuel Tunnard (1900 to 1971). Born in Sandy, and raised in our local area, he went on to settle in Cornwall, forging a long and successful career as a prolific and highly







individual abstract artist, influenced largely by the surrealist movement. John's art has been shown worldwide. Examples are in the Fitzwilliam Museum, Tate Gallery, and museums in Adelaide, Auckland & Melbourne.

The artworks can be seen whenever the hall is free, contact the Eco Hub management for more information.

Crafting group

Do you enjoy doing craft work? Would you like to meet like-minded people?

Crafty Ladies (gentlemen welcome too!) meet every Thursday at 10.00am at the Eco Hub for two hours of crafting, tea, and chat.

New members are made very welcome, so please come along!

£2 00 a session, no need to book, just turn up.





Gamlingay Library

Summer Reading Challenge

Congratulations to everyone that completed this year's Summer Reading Challenge. If there is a young person in your household who started but hasn't quite finished yet, please let them know to hurry up, finish their books, and come and see us in the next few days to get their final stickers, certificates and medals.

Village Show

Gamlingay Library will be having a stall at this year's village show, so make sure you come along, say hello, and pick up lots of lovely free books. The show will be held at the Village Primary School on Saturday 16th September, 1.00pm to 5.00pm.

The library opening hours can be found in the 'What's On' section of the Gazette.

Gamlingay Library The Eco Hub, Stocks Lane, Gamlingay SG19 3JR Website: www.gamlingayecohub.org.uk/the-library/ Email: gamlingaylap@yahoo.com Tel: 01767 651 226

Community Car Scheme ... Help us now

Follow us on Facebook @GamlingayLibrary

Give a little bit of your time to help other people?

Call the Community Car Scheme on 07519 493 701 for information

See the What's On Section

(pages 28-29) for the **Gamlingay Eco Hub** events for September 2023

MEMORY LANE

- A support and social group for people with memory issues and their companions. All welcome.
- Every fourth Tuesday of the month.
- •2 4pm at **Gamlingay Eco Hub**



Dear Ed.

Thanks for printing my last submission, I hope some folks are interested. Here is my most recent inspection, I don't think there will be another this year, as most wild plants set seed and die.

Allium roseum Rosy Garlic

Calystegia septum Hedge Bindweed, Bellbine Common Knapweed, Hardheads Centaurea nigra

Cirsium vulgare Spear Thistle Field Bindweed Convolvulus arvensis Canadian Fleabane Conyza canadensis Smooth Hawk's Beard Crepis capillaris Pale Willow Herb Epilobium roseum Filago vulgaris Common Cudweed Galium verum Lady's Bedstraw Geranium disectum Cut-leaved Geranium

Hypochaeris radicata Cat's Ear

Iris foedita Stinking Iris, Gladden

Prickly Lettuce Lactuca serious Nipplewort Lapsuna communis Papaver rhoes Field Poppy Opium Poppy Papaver somniferum Picris echioides Bristly Ox-tongue Potentilla reptans Creeping Cinquefoil

Ragwort Senecio jacobaea

Black Nightshade Solanum nigrum Sow Thistle Sonchas oleraceus Viola arvensis Field Pansy

Quite a few tree seedlings have arrived, including **hundreds** of Sycamores, but there are also Brambles, Roman, Ash, Yew, Elder and Hawthorn.

Latin names are quite often descriptive as in Iris foetida and wort in old English meant that it was used for medicines. So it is intriguing to guess how Nipplewort may have been used! Perhaps a reader will know.

Rosalind Gorton

Rosalind, I have searched the internet and found this:

"The ancient Greeks used it to treat digestive problems, while the Chinese used it to treat respiratory ailments. In traditional European medicine, nipplewort was used as a diuretic and laxative, as well as a remedy for coughs and colds. Today, however, there is little scientific evidence to support the use of nipplewort for any medicinal purpose."

Also: "The name Nipplewort derives from its traditional use among nursing mothers. According to records they would apply nipplewort poultice to their nipples to relieve soreness from breast feeding. Take your pick! Ed.

See also the recipe on page 26



Gamlingay Gardening Club

Celebrating 40 years

Forty years ago Lindy Gorton thought it would be a good idea to start a gardening club in Gamlingay. She produced 100 leaflets and rode around the village on her bike distributing them. Soon afterwards meetings of the Gamlingay and District Gardening Club commenced and have since been a constant in the lives of many villagers in Gamlingay and the local area.

To celebrate the occasion we have held two very successful events this summer. We started with the annual Plant Sale in May. This is now held at St. Mary's Church Hall. There were so many plants on the tables, that were provided by our members, that I did wonder how many would be left at the end of the afternoon. But thank you to everyone who came to support us and buy themselves a bargain plant. We were completely overwhelmed and there were very few plants left! Our Committee members also answered many villager's gardening questions too.

The teas and cakes were also a great success with many people seated in the garden relaxing with their plants. The money raised is used for our speakers during the following

In early June members and guests were invited to celebrate the anniversary by visiting two "secret" gardens in East Hatley. Forty people attended and strolled around the immaculate gardens (despite the chill) enjoying glasses of prosecco and delicious food. Speeches were made and a good time was had by all. We all thanked Lindy for starting the club and for continuing to support the current Committee.

I would like to thank any Committee members who have supported the club over the past 40 years. We are a very friendly club and anyone who would like to come along to one of our monthly meetings is more than welcome.

Our next meeting is on Tuesday 5th September 2023. The speaker is Melanie Collins of Mickfield Hostas in Stowmarket. The meeting starts at 7.30pm. We hope you will join

Marcia Kaye

The Meadows ten years on

Starting to mature...what more should we do?

In just eight months' time, Gamlingay's own country park and leisure facility, Millbridge Brook Meadows, will be ten years old. But how should we mark its first decade and how should our green space develop as it moves into, and through its teenage years?



Gamlingay Parish Council wants your views as it considers the future of the Meadows and the adjacent Lower Field, straddling Station Road on the eastern route into the village. Is Millbridge just fine as it is? Should we just leave it to blossom further, or are there new features and activities that you would like to see added?

As well as the grassland and the stream after which it is named, Millbridge already features picnic and play spaces, wildflower meadows, paths, community orchards, a maze, and the tiny forest that was planted last autumn. The story of the land and the first Saxon residents of Gamlingay is told on four attractive information boards. These also highlight the flora and fauna of the meadows, the plants and animals you may spot.



For the Saxons who lived and died there between 670 AD and 930 AD, what are now the meadows and the Poppyfields development would have been home for lives much shorter, more precarious, isolated, and sometimes a lot more brutal than ours.

Survival and ensuring there was

enough to eat were the cornerstones of life for our ancestors 50, 60 and even 70 generations ago in what are often called the Dark Ages.

For us, as residents of Gamlingay in the 21st century, Millbridge is instead a place to recharge our batteries, walk the dog, let children play, a place to walk, explore, and stay (or get) fit, and to try to stave off diseases that are sometimes modern accompaniments to relative wealth, and sometimes would have been familiar to the Saxons, like arthritis.



So how should Millbridge Brook Meadows evolve as it enters its second decade?

This is where you come in. We want your input this autumn, answering these questions:

- Are there new features you would like to see added to the meadows, cost permitting? We are already considering what to do in the space left by the willow dome in Lower Field and the wooden posts next to the maze, which have had to be removed because of their deteriorating condition, but we want your ideas - especially really original ones.
- Are there activities we could offer or facilitate on Millbridge's meadows and field, without compromising their essential nature? Perhaps you think there should be themed walks or talks, or more and different information provided about flowers and plants?

It is fine to say that the meadows are great as they are, but your new ideas would be very welcome.

To have your say, post your ideas in the suggestions box near the reception desk of the Eco Hub or comment on the meadows' Facebook page - and take part in the poll we will be launching soon on Facebook

Gamlingay & District **History Society**

Gamlingay & District History Society meets regularly throughout the year, with organised talks, social evenings, and visits to places of historic interest.

We run two websites: www.gamlingayhistory.co.uk www.gamlingayphotos.co.uk

Our Gamlingay history website has many articles about the history of our village, and our Gamlingay photos website features period photographs of the village, dating from the 1880s to the present day. Both are well worth a visit.

The History Society has been active in the village for over 30 years, and our committee consists entirely of local people, namely Peter Wright, Chris Robins, Pat Hartley, David Allen, Sylvia Wevill, and Mick Giles. We have a membership of around 30, and we meet in the main hall of the Eco Hub at 7.30pm on the second Tuesday of each month (except January, July and August). We are a friendly bunch, and new faces are always welcome, whether you join as a member or pay £4 on the door as a

Our year begins in September, so now is an excellent time to join. Annual membership is only £20, which gets you free access to all nine of our pre-planned social events and talks throughout our 2023/24 season.

The full programme of talks can be seen on our website, or you can pick up a paper copy of our programme from the Eco Hub. Our first talk of the year is at 7.30pm on Tuesday, 12th September, when we will hear the story of Gamlingay's fire service. After that, our next event is on Saturday, 16th September, when we are hoping to mount a display of some of our archive at the Village Show. Our programme then continues all the way through to next June, with talks on Gamlingay Wood, the local medieval landscape, and from 'Gamlingay' author Jim Brown, to mention just a few. We hope to see you at one of these events!

Peter Wright



Gamlingay: An English Vineyard

Not everyone knows Gamlingay once had a thriving ten acre vineyard that produced award winning wines from its first crop in 1974 until its end in 2000. Although currently defunct it could soon be coming back.

The vineyard, which was on the Waresley Road Drove Road junction, was planted in 1970 and 1971. A selfdesigned house, winery and tractor shed was built, from top quality reclaimed Cambridgeshire Clay bricks. The vineyard had been a dream of owners Gruffyed and Nancy Reece who moved from Brooklands Avenue in Cambridge. Their dream was shared with friend Sam Alper from Linton and in the late 1960s it started to become a reality.

They wanted to make wine on a commercial scale and thought about planting one vineyard as a partnership but eventually decided to go their separate ways by each planting a vineyard but helping each other when needed, Sam at Linton and Gruffyd in Gamlingay. In 1986 the vineyard changed hands to Tom and Barbara Belso.



Pic 1: The vineyard, winery and house from the air in April 1976 just after pruning. The vineyard had 16,000 vines so pruning took two people three months to complete.



Pic 2: The only thing that stopped winter pruning was hard snow or ice seen here in a particularly bad winter. If this happened the workers would move indoors for wine making or bottling a batch of wine, usually 3000 bottles per bottling which took three days to



Pic 3: Winter pruning in snow 1978 with then vineyard manager Gordon Porteous left and Nick Bruce right. Nick Bruce became vineyard manager three years later. The ripened canes would be cut back to four per vine and three spurs for next year's canes, wood that was cut off was piled in large heaps to be used as night burning if late frost came when the seasons buds had burst. This was not a regular occurrence but was a sight when it happened. Twenty piles burning in the night with flames leaping thirty or more feet in the sky.



Pic 4: The spray programme for the summer season started in May, or bud burst, and went on until September. The sprays were for downy and powdery mildews which if not kept in check could wipe out the whole crop. At Gamlingay the programme would be cut as much as possible in order to use the least possible spray to ensure the mildews was kept at bay.



Pic 5: The summer pruning was as important as the winter pruning. Vine shoots would grow vigorously from May to August and thinning was necessary to remove shoots that didn't bare fruit. The shoots that were kept would be tucked into three sets of galvanised wires which were stapled onto posts to form rows then side shoots were taken out and the tops trimmed to around five feet high.



Pic 6: As the grapes became sweet the main problem was the birds eating them, so as soon as the spraying had finished all of the ten acres had to be covered with coated plastic mesh nets. The nets were as long as each row and stretched over five rows in width which was then sewn to the next net with bailer twine to make one gigantic net which would only be taken off as harvesting took place.



Pic 7: When the nets were on it was hoped the grapes carried on ripening to get the natural sugar content needed. The grapes were checked daily so we could work out roughly when the crop would be ready to pick.



Pic 8: As soon as the crop was ripe the pickers were called in, as many as 30 casual workers, five days a week. Here we see Geoff Gauge on the left and Manager Gordon Porteous on the right in 1976, full time workers would work seven days per week, twelve hours per day for up to four weeks.

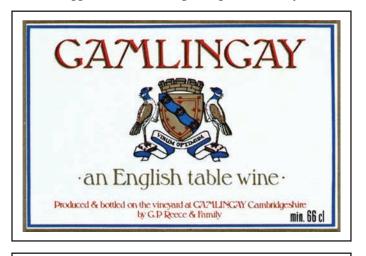


Pic 9: As the grapes were picked they were taken to the winery and put in the grape harvester which had a large mill screw in the bottom which would break the skins so the juice could run freely and then pushed down a large pipe into the cellars and into the press at half a ton per load.



Pic 10: The grape press in the cellar held one and a half tons and when full the lid was put on and the body of the press would turn on a large screw and the juice collected in a tray underneath was pumped into the vats for fermentation. The grape pressings were then spread back on the field.

Next month we look at the wine making and bottling, and also looking forward to new beginnings on the vineyard.



Thank you to everyone who has either emailed or called me about the Historyman and saying how much they liked it.

> For anything on the Historyman either call me on 07925 119 346 or email me on nb777@btinternet.com

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Autumn closure of Gamlingay Wood





The Wildlife Trust for Beds Cambs and Northants own and manage Gamlingay Wood Nature Reserve. It is a nationally important site for its combination of habitat, size, age, presence of unusual species, and abundance of commoner species.

The Trust has a legal responsibility to manage this wood and keep it in favourable condition, due to its designation as a Site of Special Scientific Interest. This means the management plan, developed by our experienced staff, is also approved and overseen by Natural England and the Forestry Commission. Management is becoming trickier with the increasing challenges of climate change, (which makes the woods wetter in winter, and reduces the working window), and with visitor pressure.

The management in Gamlingay Wood involves dealing with nonnative trees and ash die-back disease, as well as opening up areas to light to create more "edge" habitat. This edge habitat is diverse, and a natural part of woodlands. It contains the conditions that many woodland species evolved under, but is no longer created through natural processes. Our nation's woods are too small, too isolated, and lack larger wild animals.

Through the autumn and winter our volunteer work parties carry out coppicing of hazel and annually in the autumn we have contractors that use forestry machinery to work on larger trees.

Gamlingay Wood will have restrict-

ed access for several weeks September/ October time, to allow the contractors to work safely with large machinery. This means our staff, volunteers, and contractors will be accessing the wood, but it will not be open to the public. Contractors have been working in Waresley and Gransden Wood since late August, and will move across when this work is finished.

We take access to nature seriously, and only consider restricting access to sites when absolutely necessary. The timber harvesting machinery have a very large safe working area due to the risk of injury from fast-flying broken chains.

Thank you for respecting the closure your positive behaviour influences others. Signs will be posted on the

official entrances (these are both metal kissing gates). You can stay updated on our website.

Please help look after the wood when it is open by:

- Considering walking elsewhere when paths are very muddy
- Wearing wellies so you can stick to the middle of paths
- Joining the volunteer work party
- Keeping your dog on a lead
- Telling us about problems such as fallen trees or damaged benches

Please feel free to contact me direct with any questions.

You can keep up-to-date with access on our website: wildlifebcn.org/ explore/reserve-updates

Email: rebecca.neal@wildlifebcn.org Facebook: @BeccaBadgerWTBCN

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Councillors' Column

Keeping us up-to-date on South Cambridgeshire District Council (SCDC) and Cambridgeshire County Council (CCC) matters.

Your councillors are always ready to help.

If you have any questions about the following matters or, indeed, any other council matter that you may need help with, then please do not hesitate in contacting: Bridget Smith, your District Councillor, on 01767 650510 or at bridget@glockling.com and follow on Twitter @Cllrbridget and on Facebook, and Sebastian Kindersley, your County Councillor, on 01767 651982, at skindersley@hotmail.com or write to Manor Barn, East Hatley SG19 3JA and follow on Twitter @SebKindersley and on Facebook.



Cambridgeshire County Council



Councillor Sebastian Kindersley



South Cambridgeshire District Council



Councillor Bridget Smith

What's going on?

Readers of the *Sunday Times* on 9th July will have been surprised to see a long article detailing Michael Gove and the Government's ambition to turn the Cambridge area into a new Silicon Valley. Nothing wrong with ambition but it is customary to discuss plans such as this with local authorities and communities that will be impacted. Not only that but it is also customary (and indeed the Law) to allow local

Authorities to plan their own growth. So Mr Gove telling us that we will have to build more than 200,000 to 250,000 homes locally (Cambridge has about 51,000 currently) is a bit of a cheek. Our local MP who has made a pretty big deal about Government NOT mandating housing growth in the course of an ongoing row with South Cambs was apparently unaware of this ambition.

Cambridge 2040 – for that is what Mr Gove calls it – is the latest in a series of 'odd' decisions taken by Government. Starting with the imposition of a directly elected Mayor and the addition of two further local government levels in the Greater Cambridgeshire Partnership aka City Deal and the Combined Authority. All we have seen locally is virtual paralysis which achieves little but is expensive.

We then faced a threat of a new 25,000 town based on Parishes such as Orwell, Barrington, Meldreth, etc. by Thakeham, a property development company. The Chancellor then announced a multi-million investment into the Bio-Medical Campus – surrounded by Green Belt with no actual planning permission to expand as yet – and the very next day East West Rail announced a Southern Approach into Cambridge despite the fact that the

Northern Approach is £2.19 BILLION cheaper, more sustainable, quicker to build, very much more useful for freight, connects more communities (and therefore fare paying passengers) and was the preferred option of all EWR's advisers and consultants (who were also very expensive).

So it's not unreasonable to ask — What's going on? Since I first wrote this we now know a bit more...

Government plans huge expansion of cambridge

Plans by the Government for a major expansion of dwellings, along with scientific research space, in and around Cambridge were leaked to the national press in mid-July. None of the local authorities affected had been informed or consulted about these plans. A formal announcement was made by Michael Gove MP on the morning of Monday 24 July. This said:

"Proposals will see Cambridge supercharged as Europe's science capital, addressing constraints that have left the city with some of the most expensive property markets outside London, and companies fighting over extremely limited lab space and commercial property with prices that rival London, Paris and Amsterdam.

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These ambitious plans to support Cambridge include a vision for a new quarter of well-designed, sustainable and beautiful neighbourhoods for people to live in, work and study. A quarter with space for cutting-edge laboratories, commercial developments fully adapted to climate change and that is green, with life science facilities encircled by country parkland and woodland accessible to all who live in Cambridge.

Any development of this scale will have substantial infrastructure requirements. The government will deliver as much of the infrastructure and affordable housing as possible using land value capture – with the local area benefiting from the significant increase in land values that can occur when agricultural land is permitted for residential and commercial development. Land values will reflect the substantial contributions required to unlock the development.

A Cambridge Delivery Group... backed by £5 million, will be established to begin driving forward this project. The Group will work to turn this vision into a reality, taking a lead on identifying the housing, infrastructure, services and green space required. It will also consider options for an appropriate delivery mechanism that will be needed to lead the long-term work on planning, land acquisition and engagement with developers, starting in this Parliament but running through the next few years as development takes shape.

In the meantime, the Delivery Group will take forward immediate action to address barriers such as water scarcity across the city, including:

- Convening a Water Scarcity Working Group with the Environment Agency, Ofwat, central and local government and innovators across industries to identify and accelerate plans to address water constraints. The Group will include all relevant partners to understand what it would take to accelerate building the proposed new Fens Reservoir and enabling Cambridge to reach its economic potential.
- Supporting the council in efforts to make sure new developments proposed as part of the local plan can be as sustainable as possible, including whether new houses in planned developments such as Waterbeach and Hartree can be made more water efficient. To support this, the government is announcing today a £3 million funding pot to help support measures to improve the water efficiency of existing homes and commercial property across Cambridge, to help offset demands created by new developments in the local plan.
- The government will also take definitive action to unblock development where it has stalled, providing £500,000 of funding to assist with planning capacity. Cambridge City Council, Anglian Water, Land Securities PLC and Homes England will work together to accelerate the relocation of water treatment works in Northeast Cambridge (subject to planning permission), unlocking an entire new City quarter - delivering approaching 6,000 sustainable

well-designed homes in thriving neighbourhoods – as well as schools, parks and over one million square feet of much needed commercial life science research space."

This is obviously extremely significant news for our area, already struggling with water stress and huge transport deficits, as well as an acute shortage of affordable housing. The original leak referred to 250,000 additional homes in Cambridge. The announcement by Michael Gove neither repeats these numbers, nor offers any others. It is not specific about the geographical extent of the plans, though it adds Waterbeach in South Cambridgeshire to its reference to Hartree, the new name of the water treatment works area of North East Cambridge which is earmarked for redevelopment. To our already five tiers of local government (parish, district, Greater Cambridge Partnership, county, Mayoral combined authority) the announcement adds a sixth layer, to which it is unclear how the others will relate.

Large amounts of work have already gone into development planning for Greater Cambridge (Cambridge and South Cambridgeshire) by the respective local councils, with a robust evidence base and following local consultation. These top-down Government plans appear to ride roughshod over local community voices and environmental concerns.

Financial update

Cambridgeshire County Council ended the past financial year (2022/23) with an overspend of just

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Office 71 Station Road, Tempsford SG19 2AX A FENSA Registered Company, 10-Year Insurance Backed Guarantee 0.2 per cent of its annual budget. Despite growing inflation on all the goods and services the council buys, the council kept its overspend to just £728,000, a figure it had been predicting with some accuracy for the second half of the year.

The council set its 2022/3 budget in February 2022 at a time of great uncertainty, and during the year which followed inflation reached record highs, meaning that in-year the council had to manage more than £43m of additional pressures. The final position shows that increases in some areas such as high levels of inflation in home to school transport, lower than expected income in some areas due to a slow recovery from COVID, and the impact of a national shortage (and consequent spiralling costs) of placements for children with very specialist mental health needs had largely been mitigated by underspends elsewhere.

The central issue remains, however, that Cambridgeshire County Council is woefully underfunded by central government, leaving residents of this county severely disadvantaged. Cambridgeshire is a growing county, but despite this our funding formula remains fixed to population figures from more than ten years ago. In effect, while more Cambridgeshire residents are contributing to national taxes, our settlement has not been updated to supporting the area's direct local needs, leaving the council with problems to fix that will need many years of detailed work, not just shortterm patching.

The leaders of all four political groups on the county council wrote again to the Secretary of State for

Levelling Up earlier this year, putting the case for change and a funding settlement which truly meets Cambridgeshire's local needs, but received no acknowledgement.

Special educational needs support

Support for parents and carers of the approximately 15,000 children with special educational needs and disability (SEND) in Cambridgeshire is now available at the click of a button through a new information hub. The website was developed with local experts including parents, health professionals, and community organisations such as Speak Out Council and PinPoint. The tool was produced to help families and young people to navigate the special needs journey and access information and advice. send.cambridgeshire.gov.uk

Cambridgeshire Priorities Capital Fund

The Cambridgeshire Priorities Capital Fund is now open for applications. Expressions of interest must be made by 24th September, and applicants who are successful at this stage will be invited to submit a Stage 2 application. The upper limit for bids is £40,000, and these must be for community capital projects to improve or upgrade community buildings and assets, while supporting the council to achieve at least three of its strategic ambition which are:

 Net zero carbon emissions for Cambridgeshire by 2045, and our communities and natural environment are supported to adapt and thrive as the climate changes.

- Travel across the county is safer and more environmentally sustainable.
- Health inequalities are reduced.
- People enjoy healthy, safe, and independent lives through timely support that is most suited to their needs.
- People are helped out of poverty and income inequality.
- Places and communities prosper because they have a resilient and inclusive economy, access to good quality public services and social justice is prioritised.
- Children and young people have opportunities to thrive. www.cambridgeshire.gov.uk/ council/ communities/ cambridgeshirepriorities-capitalfund

Gamlingay preschool provision

A planning application for a portacabin at Gamlingay Village Primary was considered by the Parish Council with a number of residents in attendance. The unit will be used for preschool provision which the Parish is very much in need of and which Cambridgeshire County Council (CCC) has a statutory requirement to provide. The Parish Council has been concerned about the dangerous environment for children and parents at drop off and pick up times and the related traffic and car parking problems and has made this clear in its responses to all applications for changes to the school over the last few years.

CCC's Highways department is a statutory consultee on all applications and is tasked with making any recommendations it feels are necessary to ensure any changes to the school do not adversely impact road safety and traffic. The Parish Council has always wanted to see a car park or drop off/ pick up point included within the plans for the GVP site but CCC will not consider this – its policy is not to provide car parking on primary school sites as it is too dangerous.

Although it is not the Highways authority, the Parish Council has used the powers available to it to try and help as much as it can. It set up a working party to assess the problem and came up with some deliverable solutions, such as using Section 106 money to install the cycleway leading to the Poppy fields estate; a speed monitoring sign was purchased with the intention of this being used on Station Road



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- but insufficient volunteers came forward, despite appeals through GVP's parent forum and more.

Ultimately CCC maintains, as per national policy, that the solution to this lies with the parents and the school. It actively encourages walking, cycling or scooting to school and if driving is inevitable, then it promotes schemes such as "ride and stride" - parking further away and walking the last ten minutes or so to ease congestion outside the school. Obviously, the Parish Council also supports these schemes, but also recognises that it does not solve the problem.

The introduction of civil parking enforcement officers means that if drivers are parked illegally or antisocially on Station Road they will be ticketed. This includes leaving engines running, littering (including cigarette butts) and other antisocial behaviour.

The Parish Council objected to the planning application and new plans will shortly be submitted taking into account many concerns from the immediate residents such as turning the building to reduce overlooking. However, this will mean that the application will go before Planning Committee and hence there will be an unavoidable delay in opening the preschool provision. GVP are planning to manage this, however.

School funding

The government announced its agreement for a 6.5 per cent increase in teacher and leadership pay scales in mid-July. The government will fund 3% with the remaining 3.5 per cent coming from school budgets.

Free school meals

Take-up of free school meals in Cambridgeshire has increased by 52 per cent in the last three years as living standards in the UK continue to fall. Twenty-one per cent of all children in Cambridgeshire now qualify for the 'pupil premium' schools receive for children from low income households. Details and criteria at:

www.cambridgeshire.gov.uk/ residents/children-and-families/ schoolslearning/help-with-schoollearning-costs/free-school-meals

RELAS

Thank you to those concerned with the new stacking system at Luton airport for attending another public meeting in Gamlingay – please

continue with your objections & complaints to noise@ltn.aero on the excess noise and disturbance to your

Waste collection

The 4 Day Week Trial in South Cambs will be rolled out to include the waste service in September. Currently, many councils do not collect waste on a Monday because of the confusion that is caused by Bank Holidays so there is potential for a new system to be less disruptive to residents. Other waste services will continue take place on a Monday including street cleaning and dog waste removal.

Royston Recycling Centre access for Cambs residents

The County Council's Environment and Green Investment Committee has agreed to a proposal to work with Hertfordshire CC to ensure Cambs residents can continue to use Royston

Lithium batteries

A recent house fire in Cambridge resulted in the death of two young children and their mother. The fire was caused by the Lithium battery from an electric bike that was charging in the

Lithium battery fires are deadly. They are explosive, impossible to extinguish and result in fumes that invariably cause death. If you have an electric bike or scooter NEVER leave it charging overnight and if it does catch on fire (as they can do for no apparent reason) don't try to put it out you have seconds to get away. Ideally bikes and scooters should be charged

If you are buying second hand make absolutely sure that the battery has not been damaged in any way.

Gamlingay Leisure

The Gym based in Gamlingay Village Primary is hiring! If you are a qualified Level 2 instructor then please get in touch at:

info@gamlingayleisure.org.uk

Hedges and overhanging trees

We have been getting complaints from residents about hedges and overhanging trees making footways hard to use especially for those with pushchairs etc and of course it is especially annoying when it has been raining hard! Please can you trim your vegetation?

Parking

The new Civil Parking Enforcement officers will be able to give you a ticket if you are parked on a pavement so please have regard to those who need to use wheelchairs and pushchairs as well as those who are visually impaired. They will also ticket drivers who leave the engine running – it's in all our interests that you don't, including your own!

Your Councillors are here to help you.

Please do feel free to contact us withcomments, questions, problems or complaints.

We hope we can help but if we can't we are likely to know someone who can!

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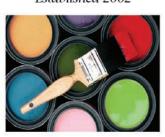
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Gamlingay Parish Council

Maintenance of cemeteries and churchyards

Grass cutting and landscaping

The Parish Council employs contractors who cut the grass and strim around headstones and trees (currently 20 times per season). Due to the restrictions in space in a cemetery, during the process of grass cutting, cuttings can be distributed or be blown onto memorials. Whilst we try to keep this to a minimum it is unfortunately an unavoidable consequence of maintenance, but one which we feel is still less intrusive than the alternative.

The hedges are cut once a year (outside bird nesting season). The paths are edged once per season. Weedkilling of paths is done twice or as needed. The trees are assessed by specialists every two years and any works done.

Our groundsman prunes the shrubs as required and tidies up the cemeteries every weekday all through the year. He also marks plots that are to be used and clears away dead flowers and wreaths.

Volunteer Parish Councillors walk round and inspect the cemeteries and churchyard quarterly and report back to the next council meeting.

Gamlingay Parish Council regularly undertakes safety testing of memorials in its cemeteries and closed churchyards to ensure they are not unsafe due to lack of maintenance. A record is kept of these tests. This is in line with guidance issued by the Health and Safety Executive.

- Who is responsible for maintaining a memorial? The grave owner or their next of kin.
- How are the checks carried out? Each headstone is visually checked and given a gentle "push test". If it does not move, it is passed as safe.
- What it the memorial does move during the test? The Council has a duty of care to make sure it is made safe as the cemetery is a public place. Memorials considered to be in immediate danger of collapse may be laid flat. If work is required, the memorial will be marked with a notice indicating what needs to be done. The grave owner has a responsibility to undertake this promptly. If we have contact details, we will write to the owner.
- What if my headstone has been laid flat? Do not try to re-erect it yourself. You need to contact both the Council and a stone mason certified by the National Association of Memorial Masons (NAMM) if you wish to re-erect it.

J Edward Bradshawe Atcomputers Contact-man.com

9 Honey Hill, Gamlingay, Sandy Beds SG19 3JU

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Bothered by Aircraft Noise? It will only get worse

RELAS says **ACT NOW!**

Recent flight path changes and the holiday season mean that many flights into Luton are screeching over our area. If unopposed, this disruption will become much

The flight path changes are still under review, but the deadline for comments is on 22nd September at 5.00pm.

Relas which stands for Reject Luton Airport Stacking is a South Cambridgeshire opposition group.

Please visit the website: Relas.uk or email info@relas.uk for information on how to complain.

You can also call Relas on mobile: 07394 0663 35

leave your name and contact details for a call back.

Luton airport aims to increase its capacity from the current 18 million passengers per year to 32 million by 2043.

MP: Cambridge expansion plans "Dead on arrival"

Anthony Browne, the MP for South Cambridgeshire, said he would do everything he could to stop the government's "nonsense plans to impose mass housebuilding on Cambridge".

He noted that all major developments in the city were blocked by the Environment Agency because the city had "quite literally run out

of water".

"There is not enough water for existing housing; there is not enough for the major expansion of housing already planned; and there is not enough for any government plans for a new quarter,"

"Unless the government can say where the water will come from, its plans are dead on arrival."

Gamlingay Social Club



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Nipplewort Spaghetti

Vegetarian recipe from The Herbal Geek (online)





The fine taste makes nipplewort plant extremely versatile. Every recipe including greens, like spinach, chicory, nettle or dandelion can successfully be substituted with nipplewort. Here I present a recipe to make a vegetarian pasta dish, full in flavour and in nutrients.

Spicy spaghetti with nipplewort and pine seeds (serves two people)

Ingredients

- » 150 g of nipplewort
- » 300 g of spaghetti
- » Extra virgin olive oil
- » 1 clove of garlic

- » Fresh chilli pepper
- » 40g pine seeds
- » Salt

Method

- » Wash, boil, squeeze and chop finely the greens.
- » In a pot let fry for few minutes the garlic clove that is then toning to be
- » Add the chopped chilli pepper, the pine seeds and nipplewort.
- » Stir-fry for five to ten minutes.
- » Then add the "al dente" cooked spaghetti and whisk well.

Enjoy the taste of nature!



Wendy Hall

BSc(Hons) MRCPod.

Chiropodist/Podiatrist

Moor Farm Cottage, Potton Road, Abbotsley, St Neots, Cambridgeshire, PE196TY

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Please contact me by email: anne.jones@pobox.com or telephone: 07899 815 337 with any questions you might have or for a first discussion about how we might work together.



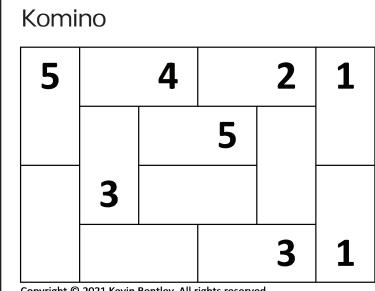
Quiz and Puzzle Corner

by Kevin Bentley

Komino rules

Using the whole list of reversible digit pairs, complete the grid so that each box contains one pair. A digit cannot be beside the same digit in an adjacent box.

Boxes containing a pair of identical digits cannot be side by side.



Copyright © 2021 Kevin Bentley. All rights reserved.

I hope that you have enjoyed the challenge of solving these Komino puzzles. These are similar to the ones I have published in my first book of 200 Komino Puzzles which is currently available with 25% off the retail price from my publishers (Troubador) for £7.50 at: www.kominopuzzle.com





4	2 5	4	5 3	1	
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1	6	1	6	2	
🕹 July/Aug Solution					
4 5		5 6	6	6	
2 2		2 3	3	6	

1 4

0 0

Easy

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What's On Diary

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Beginners Breeze	Thursday 7 September	Ladies' Cycling. First Thursday of the month at the Eco Hub. Contact gill.kitchener@btinternet.com or 07842 135 732
Bellringers	Thursdays	7.30pm to 9.00pm with John Boocock at St. Mary's, Gamlingay
Bin Collection Days	Wednesdays: 6 September 13 September 20 September 27 September	Blue and Green Black Blue and Green Black
Booklinks Book Club	Monday 4 September	First Monday of the month, 7.30pm in the Libruary at the Eco Hub.
Cock Inn	Monday 11 September	Monthly quiz nights starting at 8.00pm. £1.00 per head for various charities. New teams welcome.
Community Choir	Wednesday 6 September Saturday 16 September	First Wednesday of the month 8.00pm to 9:30pm Third Saturday of the month 10.00am to 12.00noon Both in the Kingspan Hall at the Eco Hub
Connect Café	Fridays	10.30am to 12:30pm at the Eco Hub. All welcome to a friendly drop-in cafe for a cuppa and cake – £2 with free drinks refills. Lifts available. Please contact the Eco Hub Manager.
Eco Hub	Mondays Tuesdays Wednesdays Thursdays Fridays Sundays Tuesday 5 September Saturday 9 September	Zumba Gold — 10.00am to 10.45am Kingfisher Disability Group — 10.00am to 3.00pm Fitness Pilates — 11.00am to 11.45am Movement for Memory — 1.00pm to 2.30pm Street Dance & Freestyle Disco 8+ — 5.45pm to 6.30pm Rainbow Guides — 6.00pm to 7.00pm Slimming World — 6.00pm to 7.30pm Circuits — 7.00pm to 8.00pm Mat Pilates — 9.30am to 10.30am Chair Pilates — 10.45am to 11.45am Pilates for Seniors — 12.00noon to 1.00pm Carpet Bowls — 2.00pm to 4.00pm Yoga — 7.15pm to 8.15pm Fitness to prevent injury — 9.30am to 10.30am Kingfisher Disability Group — 10.00am to 3.00pm Love Art, Community Art Group — 10.30am to 12.30pm Kingfisher Disability Group — 10.00am to 3.00pm Tai Chi — 9.30am to 10.30am Cha Char Chimps, children's fun session — 10.00am to 11.00am Crafty Ladies Craft Group (Gentlemen welcome too!) — 10.00am to 12.00noon Over 60s Fitness — 2.00pm to 3.00pm New Age Kurling — 2.00pm to 3.00pm Alice Lucas School of Dance — 4.30pm to 7.45pm Kingfisher Disability Group — 10.00am to 3.00pm Connect Café Community Coffee Morning — 10.30am to 12.30pm Little Ruggers — 8.00am to 12.15pm For Men to Talk — first Tuesday of the month, 6.00pm to 8.00pm Blood Donation from 1.00pm
	Friday 15 September Tuesday 26 September	Blood Donation from 1.00pm Big Deal Comedy from 7.00pm Memory Lane Group for people living with dementia and memory loss, and their companions. Fourth Tuesday of the month – 2.00pm to 4.00pm
Gambs Allotment Assoc.		Secretary Robert Carolan, gamlingay.allotments@gmail.com
Gamlingay & District Gardening Club	Tuesdays 5 September	Held in the Main Hall at the Eco Hub at 7.30pm on the first Tuesday of the month. Tea, coffee. Contact: Marcia Kaye 01767 651 252

What's On Diary

 $Send \ your \ entries \ to \ whatson @gamlingay gazette.uk$

Gamlingay Archaeological Group		Chris Tomsett: Chairman 01767 650 009. Julia Manley; Julialmanley@yahoo.com
Gamlingay Library	Mondays Wednesdays Thursdays Fridays Saturdays	2.00pm to 4.00pm – Preschoolers' Story Time 2.30pm 2.00pm to 4.00pm – Free computer buddying, ask for more info 10.00am to 12noon 10.30am to 12.30pm 10.00am to 12.00noon
Gamlingay Parish Council	Tuesday 12 September Full Council Meeting Tuesdays 26 September F&GP Meeting	Meetings held at 7.30pm in the Kier Suite at the Eco Hub and are open to all. Planning Committee Meetings (open to all) at 7.00pm prior to the Full Council and Finance & General Purposes Meetings. Clerks: Leanne Bacon and Kirstin Rayner. Tel: 650 310 or Email: clerk@gamlingay-pc.gov.uk. Agendas available on our Website: www.gamlingay-pc.gov.uk and on noticeboards.
Gamlingay Social Club	Thursdays 7, 21 September 5 October Thursdays 14, 28 September Fridays	Fun Quiz Cribbage Cash prize bingo at 8.30pm
Greensands Writers	Tuesday 19 September	Meetings held on the third Tuesday of every month via Zoom. Details on www.greensandwriters.weebly.com
Guild of St. Mary's	Mondays 8 September	Monthly meetings, usually third Monday of the month.
Hatley Coffee Morning	Tuesdays 5 September	10.00am to 1.00pm at Hatley Village Hall. Everyone welcome. Donations on the day split between the Village Hall and Church.
Hatley Parish Council	Third Tuesday of the months January, March, May, July and October	Meetings start at 7.00pm. Contact the Clerk Kim Wilde on 01767 650 596 or email parishclerk@hatley.info. Details on the website www.hatley.info or noticeboards.
History Society	Tuesday 12 September	Meetings are held at the Eco Hub, Stocks Lane at 7.30pm on the second Tuesday of each month and are open to all. The story of Gamlingay Fire Service
Jelly Tots Baby and Toddlers	Mondays	9.30am to 11.00am. A baby and toddler group for 0-5 years. £2 per adult and child plus 50p per extra child. St Mary's Church Hall.
Music Club	Thursdays 13, 27 July and 10, 24 August	Meetings held every alternate Thursday. For further information call Geoff Bruerton on 01767 650 748.
Photographic Society		Contacts: Nick or Jackie Bruce 01767 651 025/07925 119 346
Potton Ladies Club	Tuesday 5 September Tuesday 3 October	Meetings held on the first Tuesday of the month at the Mill Lane Pavillion, Mill Lane, Potton. Sarah Burgoine: sarahjburgoine@gmail.com or 01767 631 415.
St. Mary's Choir	Thursdays	6.30pm choir practice open to all singers at St. Mary's Church.
St. Mary's Soup Lunches	Wednesday 26 July and 23 August	Every fourth Wednesday of the month. 12.30pm start at St. Mary's Church Hall
The Gazette	Friday 29 September	November issue deadline for all copy and adverts.
The Wheatsheaf	Wednesdays Fridays	Pie Night Fish and Chips — eat-in and takeaway
Women's Institute	Tuesdays 19 September	In the Kier Suite, Eco Hub at 7.30pm on the third Tuesday of the month. Please come along to our friendly meetings. For further info: Lindsay 651 227, Jean 650 367, Jan 652 135 Talk: Kevin Boardman – Women on the Oregon Trail

Village Information

Emergency Services		
Police, Ambulance and Fire	999	
Non-Emergency Fire	01223 376 217	
Non-Emergency Police and Community Police	101	
PC Mark Heslop 01480 456 111 (Ask for St Neots Police Station)		

(715K Joi St Iveols Force Station)		
Healthcare and	Council	
Medical centre Appointments Out of hours	260 340 111	
District nurses	08456 024 064	
Age Concern	01354 696 650	
Homecare Anne Hutson	07776 021 611	
Community car scheme Alison Baker	07519 493 701	
Parish Council 650 310 Clerks: Kirstin Rayner, Leanne Bacon at ecohub: clerk@gamlingay-pc.gov.uk web page: www.gamlingay-pc.gov.uk Chairman: Samantha Martin Vice-Chairman: Wendy Boyne		
Chairman: Samantha Ma	y-pc.gov.uk rtin	
Chairman: Samantha Ma	y-pc.gov.uk rtin	
Chairman: Samantha Ma Vice-Chairman: Wendy E	ay-pc.gov.uk rtin Goyne	
Chairman: Samantha Ma Vice-Chairman: Wendy E Faulty Street Lights	y-pc.gov.uk rtin boyne 0800 7873 247	

Politics	
Member of Parliament Anthony Browne anthony.browne.mp@p	0207 219 3000 parliament.uk
County Councillor Sebastian Kindersley	651 982
District Councillor Bridget Smith Monday-Saturday 08:00 South Cambridgeshire I	
Hatley District Councillor Heather Williams cllr.williams@scambs.g	07885 774 775

Churches		
Baptist Church, Office	Church Office Sally Graves	651 519 650 112
St. Mary The Virgin	Rector: Hilary Young Church Warden: Nick Ingles Reader: Chris Miller	650 587 07828 934 003 650 779

Halls for Hire		
Eco Hub	Kate Laughame manager@gamlingayecohub.org.uk	651 226
Everton Village Hall		682 251
Gamlingay Social Club	Katrina Smith	651 775
Hatley St. George Village Hall	Kim Wilde, www.hatley.info	650 596
Methodist Chapel	Parish Council	650 310
St. Mary's Church	Lindy Gorton	650 581

Hobbies, Leisure and I	nterests	
Bell Ringers	John Boocock gamlingaybellringers@gmail.com www.gamlingay-bell-ringers.webad	650 736 or.co.uk
Booklinks	Kate Laugharne	651 226
Cafe Connect	Ann Kirby	651 134
Community Choir	Jane Orchiston	0753 500 5908
East Beds Model Railway Society	Secretary: John Wakeman wakemanpj@aol.com	
Friends of St Mary's	Helen Miller	677 390
Gamlingay Allotment Gardeners Association (GAGA)	Secretary: Robert Carolan gamlingayallotments@gmail.com Membership Secretary: John Way johnway803@gmail.com	07771 598 810 650 114
Gamlingay Archaeological Group (Gamarch)	Chris Tomsett Secretary: Julia Manley julialmanley@yahoo.com	650 009
Gamlingay Players	Amy Lovat, lovat1@hotmail.com	07843 527 979
Gamlingay Walkers	Miriam and Phil Titchner	654 891
Gardening Club	Lindy Gorton	650 581
Greensand Writers	www.greensandwriters.wixsite.co	m
Guild of St. Mary's	Liz Huckle	650 988
History Society	David Allen gamlingayhistory@gmail.com	651 472
Ladybird Club	Mrs C Watson	650 707
Music Club	Geoff Bruerton	650 748
Photographic Society	Chair/Secretary: Jackie Bruce nickbruce7@btinternet.com	651 025
Royal British Legion	Sebastian Kindersley Jackie Hough	651 982 651 070
Sandy and District Round Table	Lee Packham Brown	
Sir John Jacob's Almshouses	Clerk: cwsjjapc@outlook.com Chair: Sebastian Kindersley	651 120 651 982
St. Neots Model Railway Club	John Kneeshaw j.kneeshaw@ntlworld.com	

Clerk: Kim Wilde

www.hatley.info Chairman: Micky Astor

Email: parishclerk@hatley.info

Village Information

Village Show	Jayne Dawkins gamlingayshow@hotmail.com	07713 247973
Women's Institute	Lindsay Bygraves Jean York	651 227 650 367

Preschool Groups and Education			
Carers Group	Bridget Smith	650 510	
Everton Preschool	Julie	07814 815 491	
Jelly Tots & Marvellous Musicians	Lisa Mistrano	07931 356 931	
Montessori	Mrs Pat Jenkins	650 645 07714 821 940	

School	
Gamlingay Primary	650 208

Sports		
Bowls Club	Brian Culverhouse	651 020
Breeze Ladies Cycling	Gill Kitchener	650 035
Football Club (Youth Teams)	Chair: Brian Culverhouse	651 020
Gamlingay Gym	Jo Treverton info@gamlingayleisure.org.uk	651 785
MUGA Hire		651 785
Gamlingay Netball Club	Gamlingaynetball@gmail.com	
Junior Football School	Brian Culverhouse	651 020
Tennis Club	John Gray	654 165
Waresley Cricket Club	Rod Kerr waresleycc@hotmail.co.uk	07545 453 559

Youth Groups		
1st Gamlingay Brownies	Jane Brown	652 997
1st Gamlingay Rainbows	Sarah Galvin	gamlingayrainbows@outlook.com
2nd Gamlingay Guides	Benita Scott	650 547
Beavers	Nicola	gamlingay.beavers@gmail.com
Gamlingay Cubs	Steve Palmer	651 532
Gamlingay Scouts	Charlie Jackson	gamlingayscouts@hotmail.com
Gransden Cubs	Susan Jefferd	261 000
Pathfinder Scouts	Paul O'Shea	07555 530 996
	paul.r.oshea@go Paul Bevis Bevis2021@gma	07779 651 543
Tinuwen Rangers	Irene Gray	651 212
Youth Cafe	Lucy Rands	07929 453 235
Youth Club	Lucy Rands	07929 453 235

Cambridge Cour	nty Council	
Care Services		
Adult Health and Social Service General Enquiries	0345 045 5201	
Adult Social Care	0345 045 5202	
Children's Services	0345 045 5203	
Blue Badges Disabled Parking	0345 045 5204	
Occupational Health	0345 045 5205	
Learning Disability Partnership/Sensory Services	0345 045 5221	
General Community Services		
Citizenship	0345 045 5155	
Education Transport	0345 045 5208	
Education Welfare Benefits Service	0345 045 1361	
Family Information Service	0345 045 1360	
General Enquiries	0345 045 5200	
Human Resources (Recruitment Line)	0345 045 5210	
Library Services (includes automatic renewals)	0345 045 5225	
Online Payments Support	0345 045 5211	
Streetscene (Highways, Transport and Streets)	0345 045 5212	
Switchboard	0345 045 5222	
Trading Standards	0845 404 0506	
Waste Management	0345 045 5207	

Other Emergency Services		
Power cuts UK Power Network	105	
Water supply Cambridge Water	01223 706 050	
Surface flooding Cambs County Council	0345 045 5200	
Sewer flooding Anglian Water	03457 145 145	
Domestic gas emergency	0800 111 999	



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